

# Smile A Bit

## POST OPERATIVE INSTRUCTION FOR DENTURE DELIVERY

- IT IS EXPECTED FOR YOU TO FEEL SOME DISCOMFORT WITH ANY NEW DENTURE FOR A FEW DAYS. ALL NEW DENTURES NEED SEVERAL ADJUSTMENTS TO COMPLETELY AND COMFORTABLY FIT YOUR MOUTH.
- YOU SHOULD TAKE THE DUNTURES OUT EVERY NIGHT AND KEEP THEM IN A CLEAN CONTAINER FILLED WITH WATER OR DENTURE CLEANING SOLUTION. YOUR GUMS NEED TO REST AND BE WITH OUT THE DENTURES EVERY DAY FOR A PERIOD OF TIME.
- CLEAN DENTURES THOROUGHLY WITH A BRUSH AND WATER BEFORE PUTTING THEM BACK IN YOUR MOUTH.
- IT MAY DIFFICULT TO TALK NORMALLY WITH THE NEW DENTURES FOR A FEW DAYS. ONE WAY TO PRACTICE IS TO READ A BOOK OR NEWSPAPER OUT LOUD FOR A PERIOD OF TIME EVERYDAY. YOUR TONGUE AND MUSCLES WILL GET USED TO THE NEW DENTURES AND YOU WILL TALK NORMALLY VERY SOON.
- CALL OUR OFFICE IF YOU ARE EXPERIENCING PAIN, DISCOMFORT, OR IF YOU HAVE ANY QUESTIONS.